

Small Acts, Big Kindness

November 2026 | A Detective Sam kindness newsletter for home and school

Hello, kindness heroes! A small action can help someone feel noticed and included. This month, try one simple mission each week. Adapt each idea for your age and setting, and invite a trusted grown-up to help.

With kindness, Gail Morin

Four weeks. Four little missions.

WEEK 1 Notice a helper

Look for someone who helps at home, school or in your community. Tell them one specific thing you appreciate.

WEEK 2 Include someone

Invite someone to join an activity, sit with your group or share an idea. Respect their choice if they prefer not to join.

WEEK 3 Offer a useful helping hand

Ask, "What would help?" Try an age-appropriate task with a grown-up's guidance, such as sorting materials or putting things away.

WEEK 4 Share thanks

Draw a picture, write a note or say a thank-you aloud. Name the action you noticed and why it mattered to you.

A five-minute gratitude pause

1 minute: think of a person, moment or small act you appreciate.

2 minutes: draw it or write a few words. Younger learners can tell a grown-up what to write.

2 minutes: share if you want to, or keep your page private. Choose one small kindness to try next.

If you see bullying

Tell a trusted adult and ask for help. You can include and support the person being hurt when it is safe. If the first adult does not help, tell another trusted adult. You do not need to handle it alone.

Keep exploring: free printables, books and resources at Detective Sam Adventures; playful activities at the Detective Sam Fun Club; creator and project information at Detective Sam Media LLC.

Start a conversation with Gail Morin

superalertdogadventures@gmail.com

detectivesammediallc.com detectivesamadventures.com

DETECTIVE SAM | CONNECT WITH GAIL

Plan a visit or program

Tell Gail your city, state, age group, and audience size.

Discuss a school or church visit

superalertdogadventures@gmail.com

Prefer a conversation? Request a meeting online.

Meeting and visit requests are tentative until Gail confirms.

For adults contacting on behalf of their family or organization.